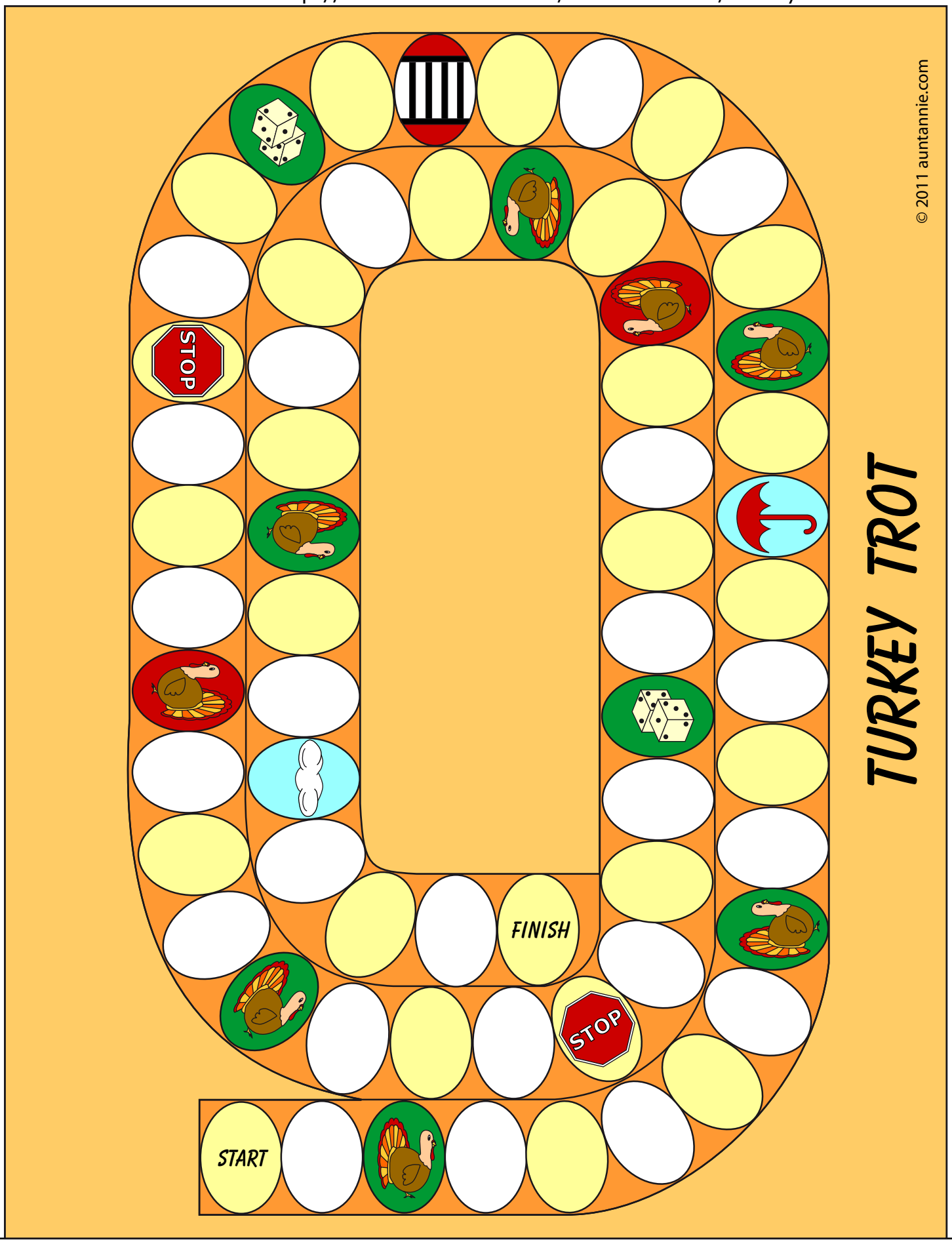
Pattern for Turkey Trot Board

How to Make: http://www.auntannie.com/GamesToMake/TurkeyTrot